

Sunday Series

Autumn 2022

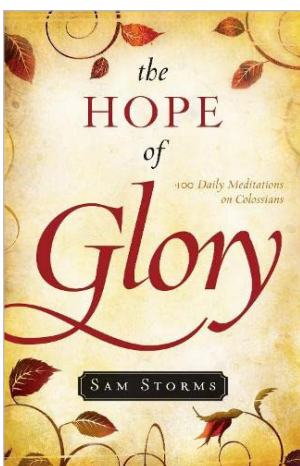
What is the series about?

As life rolls by we all put things at the centre of our lives. For some of us it's family, friends or our career. For others it's our house or our well-being. In this series we will discover that true life is only found if Jesus takes centre stage in our lives. Join us on a Sunday at one of our three locations to follow along.

Recommended Reading

The Hope of Glory

Sam Storms



Listen to the audio

On the King's Norwich website at:

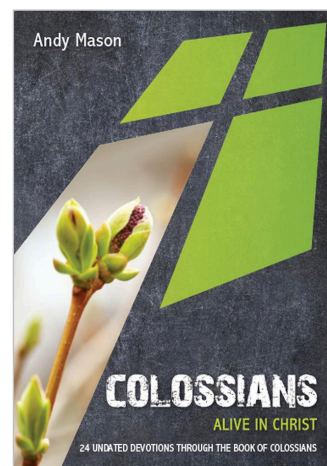
kingsnorwich.com/on-demand

LIFE Group OneStop

Find all the latest resources to run your LIFE Group: www.kingsnorwich.com/colossians

Colossians, Alive in Christ

Andy Mason



LIFE Groups: Learning, Integration, Friendship, Everyone a witness



Title: Rules, Roasts, Rest

Speaker: Marcus Tutt (City Centre) Bible Ref: Colossians 2: 16-23

Overview

If you have a cat, you may be familiar with one of their endearing little ways. When you have sat down to focus on some work, or read a book, they come and sit themselves on your keyboard or whatever it is you are doing. It's like they want to place themselves in-between you and the thing you are focusing on so that they become the centre of your attention. In this passage, Paul is warning the Colossian church that various things, even good things, will try to interpose themselves between them and Jesus, and so become the focus of their attention. Rules, Roasts (i.e food and drink), and rest can all become so dominant in our thinking that they take our primary attention from Jesus. We need to fix our eyes on Jesus and so relegate them back to their proper place. When we do, they will not only point us to Jesus, but will be far more effective and fruitful.

Rules

1. How can rules take our attention off Jesus?
2. How can they point us to him?
3. How does Jesus empower us to keep them?

Roasts

1. How can food and drink take our attention off Jesus?
2. How can they point us to him?
3. How do we feed on Jesus as the bread of life (and drink the Spirit as living water)?

Rest

1. How can rest take our attention off Jesus?
2. How can rest point to him?
3. How does our rest in Jesus energise us to serve him?